



Waitsfield Elementary August and September School Menu

Student \$3.25 Reduced Child FREE Adult \$3.75

Each day the lunch menu includes yogurt/cottage cheese and milk (skim & 1%)

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>25 <u>Southern BBQ</u> 1- BBQ Pork Sandwich 2 or BBQ Tofu Sandwich Corn on the Cob Coleslaw</p>	<p>26 <u>Homemade Pizza</u> 1- with Cheese 2- or with Cheese &amp; Pepperoni</p>	<p>27 <u>All American BBQ</u> 1-Local Burger 2- or Veggie Burger Pasta Salad Potato Salad Watermelon</p>	<p>28 <u>Breakfast for Lunch</u> 1- French Toast Bake 2-or waffle Sausage Fruit Salad Add Vermont Maple Syrup</p>
<p>31 1-Homemade Cabot Mac &amp; Loca Cheese 2- or Cabot Mac &amp; Trees (broccoli) Roasted Beets</p>	<p>1 <u>Stromboli</u> 1- Pepperoni, Ham &amp; Cheese 2- or Cheese with Marinara Dipping Sauce</p>	<p>2 <u>Caesar Salad Wraps</u> 1- with Chicken &amp; Parmesan Cheese 2- or with Parmesan</p>	<p>3 <u>Taco (Hard Shell)</u> 1- with Local Beef 2- or with Beans Add lettuce, tomato, salsa or sour cream</p>	<p>4 <u>NO SCHOOL</u></p> 
<p>7 <u>NO SCHOOL</u></p> 	<p>8 <u>Sandwich Bar</u> 1-Meat &amp; Cheese 2- or Veggies &amp; Cheese 3- Tuna Sun Chips Pickle</p>	<p>9 <u>Pot Pie</u> 1- Chicken &amp; Root Veggies 2-or Root Veggies Served with Puff Pastry Shell</p>	<p>10 <u>Potato Bar</u> 1-Sweet Potato 2- or White Potato Add Cheese Sauce, Bacon, and/or Sour cream</p>	<p>11 <u>Spaghetti</u> 1-Meat Sauce 2-or Marinara 3-or Peanut Butter &amp; Jelly Sandwich Caesar Salad</p>
<p>14 <u>Meatless Monday</u> Homemade Pizza 1- with Pesto &amp; Cheese 2- or with Cheese</p>	<p>15 <u>Chili</u> 1-Local Beef &amp; Bean 2- or Veggie &amp; Bean Corn Basmati Rice</p>	<p>16 <u>Quesadillas</u> 1- Chicken &amp; Cheddar 2-or Veggies &amp; Cheddar Add Sour Cream or Salsa</p>	<p>17 <u>Quiche</u> 1-Bacon &amp; Cheddar 2-or Cheddar Italian Potatoes Caesar Salad</p>	<p>18 <u>French Bread Pizza</u> 1- with Cheese 2-or with Pepperoni and Cheese Steamed Broccoli</p>
<p>21 <u>Meatless Monday</u> 1-Grill Cheese Sandwich 2-Grill Tomato and Cheese Sandwich Tomato Soup</p>	<p>22 <u>Chowder</u> 1-Corn with Bacon 2- or just Corn Kale Chips</p>	<p>23 <u>Shepherd's Pie</u> 1- Corn, Local Beef and Mashed Potatoes 2- or Corn/Carrots &amp; Mashed Potatoes</p>	<p>24 <u>Chef Salad Bar</u> 1- Ham or Turkey 2 - American or Cheddar Cheese Boiled Eggs</p>	<p>25 <u>Homemade Pizza</u> 1-Pepperoni &amp; Cheese 2-or Cheese Hummus Dip with Carrots</p>
<p>28 <u>Meatless Monday</u> Raviolis 1- with Mariana 2- or Cheese Sauce 3- or Pesto</p>	<p>29 <u>Soup Bar</u> 1- Broccoli and Cheddar 2-or Meaty Tomato Macaroni 3- or Tomato Macaroni Homemade Whole Wheat Rolls</p>	<p>30 <u>Super Burritos</u> 1-Local Beef and Cheddar 2-or Beans and Cheddar Add Cheese, Homemade Salsa or Sour cream</p>		

Grab & Go Breakfast \$1.75 Child \$1.75 Adult Free Reduced child

Trail Mix Apple Juice/Milk	Bagels with Cream Cheese Yogurt Juice/Milk	Yogurt Parfait Juice/Milk	Sausage, Egg and Cheese Muffin Yogurt Juice/Milk	Coffee Cake Yogurt Juice/Milk
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When submitting payment for your child's account, please send check or cash in whole dollar amounts - Thank you! Prepayment is expected!

**News from the biggest classroom in the school:**

Local Foods include Kingsbury Farm Carrots, Green Mountain Harvest Lettuce and Basil. Neill Farm Burger.

Please see other side for a detailed letter regarding school lunch

